

# La Méditerranée

— SINCE 1982 —

## CATERING MENU



— ORDER ONLINE —

[www.cafelamedberkeley.com](http://www.cafelamedberkeley.com)  
[information@cafelamedberkeley.com](mailto:information@cafelamedberkeley.com)

OR CALL

**(510) 540-7773**

2936 College Ave (at Ashby), Berkeley

PICKUP & DELIVERY

### *La Méditerranée Chez Vous!*

Founded in 1981, our award winning and casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.

We are a certified California Green Business. La Méditerranée is committed to environmental sustainability, and our local community.

We strive to source organic and local produce whenever possible.

## ∞ Prix-Fixe Menus ∞

Take the guesswork out of your preparations!

MIN. ORDER: 10 PEOPLE

### LUNCH MEZA (7 items)

Hummos, Organic Green Salad, Falafel, Rice Pilaf,  
Grecian Spinach & Feta Fillo, and choice of entrée:

- Chicken Pomegranate (*gf*)
- Chicken Cilicia Fillo
- Cheese Karni Fillo
- Grilled Vegetables (*vegan, gf*)
- Salmon Kebabs (*gf*) add \$3.50
- Halal Chicken Kebabs (*gf*) add \$2
- Beef Kafta Kebabs (*gf*) add \$2
- Lamb Lule (*gf*) add \$1

\$17.50/person (one entrée) | \$20.50/person (two entrées)

### THE MEDITERRANEAN MEZA (10 items)

- Hummos (*vegan, gf*)
- Baba Ghanoush (*vegan, gf*)
- Tabuleh (*vegan*)
- Armenian Potato Salad (*vegan, gf*)
- Falafel (*vegan, gf*)
- Dolma (*vegan, gf*)
- Grecian Spinach & Feta Fillo
- Chicken Cilicia Fillo
- Chicken Pomegranate (*gf*)
- Lamb Lule (*gf*)
- Rice Pilaf (*vegan, gf*)

\$29/person

### THE MEZA MAGNIFIQUE (13 items)

Everything in the Mediterranean Meza, plus Feta, Olives,  
Fruit & Cheese, Baklava and Datil Amandra.

\$34/person



### *New!* MEDITERRANEAN WRAP COMBO MEAL

Chicken Shawarma & Falafel Sandwiches, served buffet style with Hummos,  
Organic Green Salad & a trio of sauces . . . \$17.50/person

**Add Baklava** for \$2.50/person

# PARTY PLATTERS

*Our most popular finger foods, beautifully arranged and ready to serve.*

## **Mini** (serves 6)

24 pieces (6 of each item) . . . . . \$55

## **Small** (serves 12)

48 pieces (12 of each item) . . . . . \$95

## **Medium** (serves 20)

80 pieces (20 of each item) . . . . . \$130

## **Large** (serves 30)

120 pieces (30 of each item) . . . . . \$185



## **EACH PARTY PLATTER INCLUDES:**

**Chicken Cilicia** – Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

### **Grecian Spinach & Feta Fillo**

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

**Levant Sandwiches** – Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

**Dolma** (*vegan, gf*) – Grape leaves stuffed with rice, herbs, lemon & olive oil.

**Falafel** (*gf*) can be substituted for any item on party platter

Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for \$29

## **VEGETARIAN/VEGAN PARTY PLATTERS**

Dolma, Spinach Fillo, Levant Sandwich and Falafel

*Platters can be all of one item upon request.*

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# APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

## **Hummos** (*vegan, gf*):

Traditional garbanzo bean & garlic dip

## **Roasted Red Pepper Hummos** (*vegan, gf*):

Mildly spicy with roasted chili and red pepper

## **Baba Ghanoush** (*vegan, gf*): Grilled eggplant & garlic dip

## **Djajiki** (*gf*): Lebni yogurt, garlic & cucumber dip

## **Tabuleh** (*vegan*): Cracked wheat, parsley, tomato & lemon juice

## **Harissa** (*vegan, gf*): Tomato, roasted pepper & walnut dip

## **Armenian Potato Salad** (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

### **Mini Appetizer Tray**

(serves 10) ... \$42

### **Small Appetizer Tray**

(serves 15) ... \$68

### **Large Appetizer Tray**

(serves 30) ... \$98

*Add Z'aatar & Olive Oil Pita Chips*

1/2 bag ... \$7.50      full bag ... 14

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## **Humm-Baby! Falafel Tray** (*vegan, gf*)

1/2 Hummos, 1/2 Falafel

Mini (serves 12) ... \$45    Small (serves 20) ... \$75

Large (serves 40) ... \$115    Dozen Falafel (with tahini)... \$24

## **Dips A La Carte**

12 oz. (serves 5).....	\$12	Bag Pita .....	\$7.50
Quart (serves 12) .....	\$26	Bag Pita Chips .....	\$14
Gallon (serves 50) .....	\$90	12 oz. Olives .....	\$12



## Hot Entrées

### **CHICKEN POMEGRANATE DRUMSTICKS** (gf)

Sustainably-sourced drumsticks slow baked in our homemade pomegranate sauce ... \$48/dozen (\$4 ea.)

### **HALAL LAMB LULE MEATBALLS** (gf)

Superior Farms halal lamb meatballs stewed in our tomato onion sauce \$54/dozen (\$4.50/ea.)



### **Salmon Kebab Skewers** or **Lamb Sirloin Skewers** (gf)

Sustainably-raised Salmon marinated ... in a dill tomato sauce  
Mini ... \$81/dozen (\$6.75/ea.) Large ... \$120/dozen (\$10/ea.)

### **Halal Saffron Chicken Breast Skewers** (gf) or **Beef Kafta Meatball Skewers** (gf) or **Veggie Kebab Skewers** (gf)

Mini ... \$72/dozen (\$6/ea.) Large ... \$108/dozen (\$9/ea.)

## Sandwich Platters

### **Chicken Shawarma Sandwich**

Spiced, baked chicken rolled in lavash w/greens & cucumber yogurt sauce

### **Falafel Sandwich** (vegan)

Garbanzo patties rolled in lavash w/fresh greens & tahini

Small (7 whole/14 halves) ... \$90 Large (10 whole/20 halves) ... \$115

### **Lamb Shawarma Sandwich**

Spiced Superior Farms Halal Lamb, served with a cucumber-yogurt sauce

Small (7 whole/14 halves) ... \$95 Large (10 whole/20 halves) ... \$125

### – **GRILLED SEASONAL VEGGIES** (vegan, gf) –

Quart (serves 5-8) ... \$20 Gallon (serves 20-30) ... \$75

### – **RICE PILAF** (vegan, gf) –

Quart (serves 5-8) ... \$15 Gallon (serves 20-30) ... \$54

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## Box Lunches

FOR THE PARK OR THE OFFICE!

*Includes organic mixed green salad, hummos,  
pita bread and compostable cutlery.*

### GRILLED CHICKEN SALAD *(gf)*

Halal saffron chicken breast kebab over organic greens with tomato, cucumber, egg & feta ... \$18/ea.

### SAFFRON CHICKEN BREAST KEBAB *(gf)*

Halal chicken, grilled and served over rice pilaf ... \$18/ea.

### CHICKEN POMEGRANATE *(gf)*

Three local and sustainably-sourced drumsticks marinated in pomegranate sauce, served over rice pilaf ... \$17.50/ea.

### LAMB LULE *(gf)*

Local, grass-fed Superior Farms halal lamb meatballs in a tomato-onion sauce, served over rice pilaf ... \$18.50/ea.

### FALAFEL SANDWICH *(vegan)*

Crisp falafel balls wrapped in lavash bread w/fresh greens & tahini ... \$17/ea.

### CHICKEN SHAWARMA

Spiced baked chicken sandwich, wrapped in lavash bread served with a cucumber yogurt sauce ... \$17.50/ea.

### FALAFEL SALAD *(vegan, gf)*

Crisp falafel balls over organic greens with veggies, our house vinaigrette and tahini dressing ... \$17/ea.

### SALMON SALAD

Sustainably-sourced skewer of Salmon over organic greens, tomato, egg, cucumber and feta ... \$19/ea.

### SALAD MEDITERRANÉE

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad & Mixed Organic Greens with feta *(can be made vegan)* ... \$18.50/ea.

**Add 2-piece Baklava to Lunch ... \$2.50/ea.**

### DRINKS & TABLEWARE

Coke, Diet Coke, Sprite, Bottled Water, Sparkling Water ... \$3.50/ea.

Compostable Tableware Setting (includes plates, cutlery, napkins, bamboo tongs and serving spoons) ... \$5/set of 10

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## Fruit & Sweets

### FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

### SWEET TRAYS

Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates & walnuts.

### COMBINATION TRAYS

*Choose a little of each!*

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

Mini (serves 10) .....	\$55
Small (serves 20) .....	\$95
Large (serves 40) .....	\$155



*Our Baklava is prepared with locally sourced organic walnuts!*

## Salads

### MIXED GREEN SALAD (gf)

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, and our house tomato vinaigrette.

Mini (serves 10) .....	\$38
Small (serves 20) .....	\$55
Large (serves 35) .....	\$80



### FRESH VEGGIE TRAY

*Served with Tahini Dip*

Mini (serves 10) ...	\$42	Small (serves 20) ...	\$68
Large (serves 40) ...	\$98		



## 🌀 Pickup & Delivery 🌀

We kindly ask for 24-hour notice for all orders

### East Bay Area Delivery

Please call for availability and quote.



We require 24 hour notice for cancellation.

Less than 24-hour notice will result in a 75% charge of the order.

Same day cancellations will be charged in full.

For orders over \$1,000 we require 5 days notice for cancellation  
or it will result in a 50% charge of the order.

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