

La Méditerranée

— SINCE 1982 —

CATERING MENU



— ORDER ONLINE —

www.cafelamedberkeley.com

information@cafelamedberkeley.com

OR CALL

(510) 540-7773

2936 College Ave (at Ashby), Berkeley

PICKUP & DELIVERY

La Méditerranée Chez Vous!

Founded in 1981, our award winning and casually elegant finger foods are perfect for parties, picnics, meetings, office luncheons, and get-togethers of all kinds.

We are a certified California Green Business. La Méditerranée is committed to environmental sustainability, and our local community.

We strive to source organic and local produce whenever possible.

Prix-Fixe Menus

Take the guesswork out of your preparations!

MIN. ORDER: 10 PEOPLE

LUNCH MEZA

Hummos, Organic Green Salad, Falafel, Rice Pilaf,
Grecian Spinach & Feta Fillo, and choice of entrée:
Chicken Pomegranate (*gf*) • Chicken Cilicia • Cheese Karni Fillo
Grilled Vegetables (*vegan, gf*) • Beef Kefta Kebabs, add \$2
Halal Saffron Grilled Chicken (*gf*) add \$2 • Lamb Lule (*gf*) add \$1
\$16.95/person (one entrée) | \$19.50/person (two entrées)

THE MEDITERRANEAN MEZA

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad,
Falafel, Dolma, Grecian Spinach & Feta Fillo,
Chicken Cilicia Fillo, Chicken Pomegranate, Lamb Lule and Rice Pilaf.
\$28/person

THE MEZA MAGNIFIQUE

Everything in the Mediterranean Meza, plus Feta, Olives,
Fruit & Cheese, Baklava and Datil Amandra.
\$32/person

Vegan and Vegetarian Mezas Available



New! MEDITERRANEAN WRAP COMBO MEAL

Chicken Shawarma & Falafel Sandwiches
Served buffet style with Hummos, Organic Green Salad & a trio of sauces.
\$16.95/person

Add Baklava for \$1.95/person

PARTY PLATTERS

Our most popular finger foods, beautifully arranged and ready to serve.

Mini (serves 6)

24 pieces (6 of each item) \$52

Small (serves 12)

48 pieces (12 of each item) \$92

Medium (serves 20)

80 pieces (20 of each item) \$125

Large (serves 30)

120 pieces (30 of each item) \$175



EACH PARTY PLATTER INCLUDES:

Chicken Cilicia – Cinnamon spiced chicken and raisins baked in bite-sized fillo pastry.

Grecian Spinach & Feta Fillo

Tasty spinach and feta cheese baked in bite-sized fillo pastry.

Levant Sandwiches – Vegetarian rolled finger sandwiches with cream cheese, herbs & fresh veggies.

Dolma (*vegan, gf*) – Grape leaves stuffed with rice, herbs, lemon & olive oil.

Falafel (*gf*) can be substituted for any item on party platter
Vegan garbanzo patties with Tahini Dip

Add quart of hummos & bag of pita to any party platter for \$27.50

VEGETARIAN/VEGAN PARTY PLATTERS

Dolma, Spinach Fillo, Levant Sandwich and Falafel

Platters can be all of one item upon request.

APPETIZER DIP PLATTERS

Choose 3-4 items below. Comes with pita bread for dipping.

Hummos (*vegan, gf*):

Traditional garbanzo bean & garlic dip

Roasted Red Pepper Hummos (*vegan, gf*):

Mildly spicy with roasted chili and red pepper

Baba Ghanoush (*vegan, gf*): Grilled eggplant & garlic dip

Djajiki (*gf*): Lebni yogurt, garlic & cucumber dip

Tabuleh (*vegan*): Cracked wheat, parsley, tomato & lemon juice

Harissa (*vegan, gf*): Tomato, roasted pepper & walnut dip

Armenian Potato Salad (*vegan, gf*):

with diced tomatoes, mint, olive oil, lemon, parsley

Mini Appetizer Tray

(serves 10) ... \$39

Small Appetizer Tray

(serves 15) ... \$62

Large Appetizer Tray

(serves 30) ... \$94

Add Z'aatar & Olive Oil Pita Chips

1/2 bag ... \$7.50 full bag ... 14

Humm-Baby! Falafel Tray (*vegan, gf*)

1/2 Hummos, 1/2 Falafel

Mini (serves 12) ... \$44 Small (serves 20) ... \$68

Large (serves 40) ... \$105 Dozen Falafel (with tahini)... \$24

Dips A La Carte

12 oz. (serves 5).....	\$9.95	Bag Pita	\$7.50
Quart (serves 12)	\$23	Bag Pita Chips	\$14
Gallon (serves 50)	\$80	12 oz. Olives	\$9.95



Hot Entrées

CHICKEN POMEGRANATE DRUMSTICKS (gf)

Sustainably-sourced drumsticks slow baked in our homemade pomegranate sauce ... \$39/dozen (\$3.25 each)

HALAL LAMB LULE MEATBALLS (gf)

Superior Farms halal lamb meatballs stewed in our tomato onion sauce
\$48/dozen (\$4/each)



Salmon Kebab Skewers (gf)

Sustainably-raised Salmon marinated in a dill tomato sauce
Mini ... \$78/dozen (\$6.50/each) Large ... \$108/dozen (\$9/each)

Halal Saffron Chicken Breast Skewers (gf)

or **Marin Sun Farms pasture-raised**

Beef Kafta Meatball Skewers (gf)

Mini ... \$66/dozen (\$5.50/each) Large ... \$96/dozen (\$8/each)

– RICE PILAF (vegan, gf) –

Quart (serves 5-8) ... \$14 Gallon (serves 20-30) ... \$50

Sandwich Platters

Chicken Shawarma Sandwich

Spiced, baked chicken rolled in lavash w/greens & cucumber yogurt sauce

Falafel Sandwich (vegan)

Garbanzo patties rolled in lavash w/fresh greens & tahini

Small (7 whole/14 halves) ... \$85 Large (10 whole/20 halves) ... \$110

Lamb Shawarma Sandwich

Spiced Superior Farms Halal Lamb, served with a cucumber-yogurt sauce

Small (7 whole/14 halves) ... \$90 Large (10 whole/20 halves) ... \$120

Box Lunches

FOR THE PARK OR THE OFFICE!

*Includes organic mixed green salad, hummos,
pita bread and compostable cutlery.*

MIN. ORDER: 10 PEOPLE

HALAL SAFFRON CHICKEN BREAST KEBAB (gf)

Halal chicken, grilled and
served over rice pilaf ... \$17.50/each

CHICKEN POMEGRANATE (gf)

Three local and sustainably-sourced drumsticks marinated in
pomegranate sauce, served over rice pilaf ... \$17.50/each

LAMB LULE (gf)

Local, grass-fed Superior Farms halal lamb meatballs in a
tomato-onion sauce, served over rice pilaf ... \$17.95/each

FALAFEL SANDWICH

Crisp falafel balls wrapped in lavash bread
with fresh greens and tahini (vegan) ... \$16.50/each

CHICKEN SHAWARMA

Spiced baked chicken sandwich, wrapped in lavash bread
served with a cucumber yogurt sauce ... \$16.95/each

SALAD MEDITERRANÉE

Hummos, Baba Ghanoush, Tabuleh, Armenian Potato Salad, Lentil Salad
& Mixed Organic Greens with feta (can be made vegan) ... \$17.50/each

Add 2-piece Baklava to Lunch ... \$1.95/each

DRINKS & TABLEWARE

Moroccan Mint or Black Iced Tea & Organic Lemonade ... \$14/liter bottle

Coke, Diet Coke, Sprite, Bottled Water, Sparkling Water ... \$2.95/each

Compostable Tableware Setting (includes plates, cutlery,
napkins, bamboo tongs and serving spoons) ... \$5/set of 10

Fruit & Sweets

FRUIT & CHEESE TRAYS

Seasonal assortment of fresh fruit and cheeses beautifully decorated for any occasion.

SWEET TRAYS

Bite-size pieces of Datil Amandra, Baklava and homemade cake bites made with locally sourced organic dates & walnuts.

COMBINATION TRAYS

Choose a little of each!

Combine the Fruit & Cheese Tray with the Sweet Tray to please everyone!

- Mini (serves 10) \$52
- Small (serves 20) \$88
- Large (serves 40) \$150



Our Baklava is prepared with locally sourced organic walnuts!

Salads

MIXED GREEN SALAD (gf)

Salad of fresh organic mixed greens, tomato, cucumber, feta cheese, olives, veggies, and our house tomato vinaigrette.

- Mini (serves 10) \$34
- Small (serves 20) \$52
- Large (serves 35) \$75



FRESH VEGGIE TRAY

Served with Tahini Dip

- Mini (serves 10) ... \$39
- Small (serves 20) ... \$62
- Large (serves 40) ... \$94

☺ Pickup & Delivery ☺

We kindly ask for 24-hour notice for all orders

East Bay Area Delivery

Please call for availability and quote.



We require 24 hour notice for cancellation.

Less than 24-hour notice will result in a 75% charge of the order.

Same day cancellations will be charged in full.

For orders over \$1,000 we require 5 days notice for cancellation
or it will result in a 50% charge of the order.

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